

QMSU Social Cohesion Sport Programme

The Social Cohesion Sport Programme through the QMSU Community Foundation was launched for the 2019/20 academic year. This project provides a platform for student groups to organize, develop and deliver self-sustaining projects that use sport as a vehicle to raise awareness of issues in the local community.



The Queen Mary Men's Football Club host an annual community cup for year 8 boys as well as extra-curricular football and mentoring sessions.



QMSU Aspire deliver inclusive sport sessions and events with a focus on maintaining a healthy and active lifestyle.

Our 4 Key Themes:

Healthy Eating - Promotes the benefits of maintaining a healthy/balanced diet.

Staying Active - Highlights the importance of physical activity and wellbeing.

Lifestyle Choices - Stresses the effects of smoking, alcohol and substance abuse as well as identifying ways to tackle the issues surrounding gang culture in the borough.

Equality & Diversity - Targeting all age groups, this theme aims to raise awareness of inequality.

Projects typically involve the delivery of extra-curricular activities in schools. This included basketball, football, hockey, inclusive sport, multi-sport, netball and tag-rugby. In order to raise awareness of key issues in our community, the student groups integrate terminology directly into sessions, deliver mentoring or engage participant groups in activities to test their knowledge.

-During the 2019/20 academic year, we engaged 65 student leaders, 415 unique participants with a total participant engagement of 1,767.

-Over 2 years our students engaged 670 unique participants with a total participant engagement of 3,717.

-9 student led groups were involved across 8 projects

-100% of respondents agreed that they would like to be involved with the project again in future.